

Quarterly Challenges:

- *For every roll of bathroom tissue you buy from virgin fibers, try to buy one made with recycled fibers.*

If everyone in the U.S. would do this we would save 297,000 trees in the next year and enough water to supply 3,500 families of four.

**ollierecycles.com*

- *Try to recycle a piece of cardboard or paper for every one you throw away.*

Our country uses more than 100 million tons of paper and cardboard every year and only 45% of it is recycled. For each ton of paper we recycle, we save:

463 Gallons of Oil

850 Pounds of Carbon Dioxide

7,000 Gallons of Water

17 Trees

** American Forest & Paper Association, 2002*

Little changes in our daily living go a long way in protecting the environment!

Mountain Home Waste & Recycling News

Seniors Lead the Way to More Sustainable Future

The Mountain Home Senior Citizen's Center got a jump on Earth Day (April 22nd) this year when they launched their new center-wide recycling program in March 2009. Ruth Ada, an avid recycler and Mountain Home resident, spearheaded the new program when she realized how much of the seniors' garbage could be thrown into a recycling bin instead of the dumpster. "For a while I was taking a lot of the material home", said Ada, "but it got to be too much."

A quick call to Mayor Rist and a few follow-up calls to Allied Waste got the

new recycling program up and running. Signs around the facility remind visitors that recycling is available.

Within the first few weeks the seniors cut their garbage in half. Even their shredded paper now gets bagged and recycled. The kitchen with its large volume of cans and cardboard contributes the most to the new green recycling bin. But others do their part, too. Some members who don't have curbside recycling at home have started bringing their recyclables to the center.

"We are very conservative about what goes in the trash now," said Ada.



Leona Lyda—Mountain Home Senior Citizen's Center

"Occasionally someone slips and throws something that can be recycled into the trash...but I get after them," she laughed.

Hats-off to this group of seniors who are committed to recycling and a more sustainable future for the City of Mountain Home. Thank You!

Recycling Basics

What can be recycled at home?

- **Cans (aluminum, steel, tin, and empty aerosol)**
- **Plastics (all rigid plastics 3 gallons or less in size with recycling arrows; no "filmy" plastics like grocery or newspaper bags)**
- **Cardboard & Paper (newspaper, magazines, junk mail, school and office paper, cereal and frozen food boxes, phone books; no waxy juice cartons)**

These items can be mixed together—no separating! Fill your blue bin first (it is the signal for the driver to stop) and place additional recyclables in permanent containers such as tall kitchen garbage cans, milk crates, or plastic storage tubs.

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We're on the Web!

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**Reminder: Trash and Recycling
need to be at the curb by 6 a.m.!**



Nice job Mountain Home residents! During the first quarter of 2008, your recycled 174,000 pounds. This was material that avoided the landfill because you took the time to recycle.

During the first quarter of 2009, you recycled 225,000 pounds! That's a 29% increase in just one year! Part of this success is due to the new "Mix it Up" curbside recycling program, but it still takes a commitment on your part to do the right thing.

For those of you still wondering why recycling is a good idea, here are some quick facts:

- Once raw materials (i.e. aluminum, tin and petroleum) are oared out of the earth for manufacturing, it takes a fraction of the energy to recycle those products into new goods.
- Significantly less pollution is created by recycling new goods out of old goods. This is important when you stop to consider air quality in our Valley.
- There is a financial benefit to maximizing the useful life of a landfill cell. Landfill cells are expensive to construct and are paid for by the residents and businesses who use them. It is in everyone's best interest to stretch the life of our local landfill.

Spring Clean-Up: May 4th-8th



It's time to rally your troops and pump-up your dolly tires—Spring Clean-Up Week is coming! For this one week (May 4th - 8th) you have the opportunity to wheel your bulky waste, furniture, and non-Freon appliances to the curb and dispose of them—at no extra charge!

For those of you who will be away, or unable to set your unwanted items out at the curb during the week—don't fret! There will be three large dumpsters placed around town on Saturday, May 9th to collect any "leftovers" (see box at left).

This is a great opportunity to lend a hand to neighbors

who may need some assistance when it comes to spring cleaning. Your kindness will be much appreciated and we all benefit from clean neighborhoods!

Spring Clean-Up Guidelines

- ☺ Please place all items out at the curb by 6:00 a.m. on your regular trash day.
- ☺ Keep all carpet and vinyl scraps to 60 pounds or less, and under 4' lengths.
- ☺ No Household Hazardous Waste.
- ☺ Small, Freon-Free Appliances are okay.

Household Hazardous Waste

There is a designated *Hazardous Waste Day* sponsored by Mountain Home

Parks and Recreation and Allied Waste each fall. This one-day event will be your opportunity to safely recycle or dispose of hazardous household items such as: tires, refrigerators, paints, pesticides, anti-freeze, and other hazardous liquids.

Please hold-on to these items during the Spring Clean-Up. We will keep you posted on dates and provide additional information in the upcoming months. Remember, motor oil can be set-out weekly for curbside recycling.

We appreciate your cooperation. Have fun sprucing up your yard and house, and be sure to call us if you have any questions (345-1265).

Drop-Site Locations

(Saturday, May 9th)

☺ Parks & Rec. Office

795 South 5th West

☺ Legacy Park

Haskett & McMurtrey

☺ Carl Miller Park

10th E. & American Legion